

Lie to Sit Transfer

Plan the move and prepare the environment.

Starting position

- Half kneeling position, adjacent to child.
- Maintain the natural curves of your spine.
- Keep as close to child as possible!



Roll to Side Lying

Assist the child to roll away from you on to their side by assisting at their shoulders or pelvis.



Side Lying to sitting

Assist the child to sit up by encouraging child to flex forwards and push down through their arm.



Disclaimer: This information is of a general nature only and does not constitute advice. Novita Children's Services makes no representations as to the accuracy, usefulness, suitability or application of the information to a child's or carer's particular circumstances. You should seek professional advice before acting or relying on the information.