

### Plan the move and prepare the environment.

*Make sure you have enough space to get to where you need to go!*

### Starting position



When moving smaller children, keep the legs of the lifter narrower to improve manoeuvrability. When moving heavier children, keep the legs of the lifter wider to improve stability.

### Pushing Effort

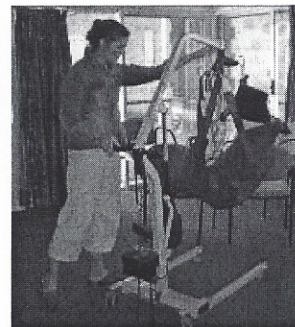
Ensure effort is generated primarily from the legs, use your body weight!

### Turning the lifter (or moving around a corner)

When turning the lifter, try to use your body weight to turn the lifter, rather than your arm strength.

It may be easier to move to the arm of the lifter and push it around the corner (or have a second person assist by pushing the lifter arm from the side as you turn the lifter).

When lowering child back into wheelchair ensure bottom is directed well back into the chair. If the chair can be tilted back do so before lowering child. Use the handles of sling to assist with guiding.



*Disclaimer: This information is of a general nature only and does not constitute advice. Novita Children's Services makes no representations as to the accuracy, usefulness, suitability or application of the information to a child's or carer's particular circumstances. You should seek professional advice before acting or relying on the information.*